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Monday, May 15, 2017 metro.us | t: MetroNewYork | f: MetroNewYork

CYBERATTACK MAY NOT BE OVER

More disruptions feared as work week starts. 10



All the 'Twin Peaks' parties around town. 23

Guy Ritchie nerds out over 'King Arthur.' 19

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PLAY FOREVER

Cell therapy may soon allow you and your favorite athletes to achieve athletic immortality. 4



PHOTO ILLUSTRATION BY BILLY BECERRA, GETTY IMAGES, ISTOCK

DEMOCRATS MAY REFUSE TO VOTE ON FBI PICK

The top Democrat in the U.S. Senate said on Sunday that Democrats would consider refusing to vote on a new FBI director until a special prosecutor is named to investigate President Donald Trump's potential ties to Russia. Senate Democratic Leader Chuck Schumer said his caucus has not yet made a decision on whether to withhold their votes, but added that the issue is being looked at as a way to ensure there



is a thorough investigation of alleged Russian meddling in the 2016 U.S. election. "To have that special prosecutor, people would breathe a sigh of relief because then there would be a real independent person overlooking the FBI director," Schumer told CNN's "State of the Union" program. **REUTERS**

N. KOREA MISSILE LANDS IN SEA NEAR RUSSIA

North Korea, defying calls to rein in its weapons program, fired a ballistic missile that landed in the sea near Russia on Sunday, days after a new leader came to power in South Korea pledging to engage Pyongyang in dialogue. The U.S. military's Pacific Command said it was assessing the type of missile that was fired but it was "not consistent with an intercontinental ballistic missile."

The U.S. threat assessment has not changed from a national security standpoint, a U.S. official said. Japanese Defense Minister Tomomi Inada said the missile could be a new type. It flew for 30 minutes before dropping into the sea between North Korea's east coast and Japan. A U.S. official, speaking on condition of anonymity, said the missile landed 60 miles south of Russia's Vladivostok region. **REUTERS**

MACRON INAUGURATED AS FRENCH PRESIDENT

Emmanuel Macron took power as president of France on Sunday, vowing to restore the country's status in Europe and the world and heal divisions in society — a nod to the bitter campaign the pro-EU centrist fought to defeat a far-right leader. The 39-year-old former investment banker, unknown to the wider public three years ago and whose May 7 election marked a meteoric



rise to power, was inaugurated leader of the world's fifth-largest economy in a solemn Elysee Palace ceremony. In his first words after taking office, he pledged to restore France's standing on the world stage, strengthen national self-confidence and heal divisions that the bitterly-fought campaign had opened up. **REUTERS**

NUMBER 2 RETIRED

Derek Jeter addresses the crowd during the retirement ceremony of his No. 2 jersey at Yankee Stadium on Sunday in the Bronx. **GETTY IMAGES**

Highlights from Derek Jeter's Career

- Joined Yankees for brief time in 1995 season at age 21 and won Rookie of the Year honors the next season.
- Won Most Valuable Player honors in both the All-Star Game and World Series in 2000.
- Named captain of the team in 2003, the 11th Yankees player to hold the position.
- Selected to All-Star team 14 times and winner of five Gold Gloves as the league's outstanding defensive shortstop and five Silver Slugger awards as best offensive player at his position.
- Won five World Series titles (1996, '98, '99, 2000, '09).
- In 2011 became first Yankee player to reach the 3,000-hit milestone and retired with 3,465 hits, sixth most all-time in Major League Baseball and tops among shortstops.
- Retired after his 20th season in 2014 as the Yankees' all-time leader in hits, doubles, games played, stolen bases and at-bats.

5
THINGS YOU
NEED TO KNOW

US SETTLES RUSSIAN MONEY LAUNDERING CASE

A Russian-owned group of companies has agreed to pay nearly \$6 million to settle U.S. civil allegations that the firms laundered proceeds of a \$230 million tax fraud, ending a politically charged case days before it was set to go to trial. Federal prosecutors in New York announced late Friday the surprise settlement between the U.S. government and Russian businessman Denis Katsy, the owner of

Prevezon Holdings, as both sides were preparing to bring the three-year case to trial next week. "We will not allow the U.S. financial system to be used to launder the proceeds of crimes committed anywhere — here in the U.S., in Russia, or anywhere else," Acting Manhattan U.S. Attorney Joon H. Kim said. The settlement brings an end to a case that raised many of the elements of distrust between Moscow and Washington. **REUTERS**

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KIMBERLY M. AQUILINA, WEB REPORTER
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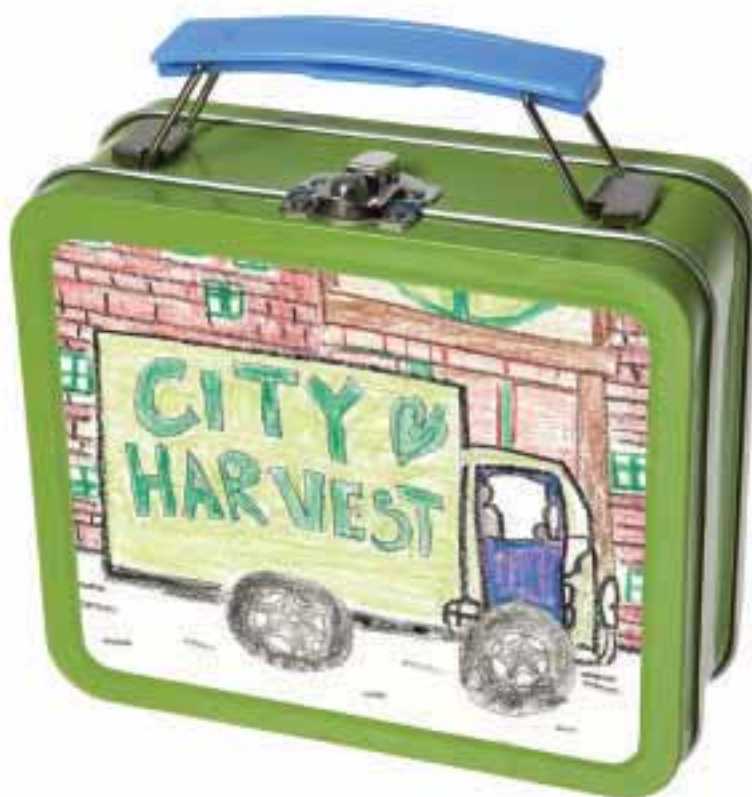
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metro.us/quiz

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RepliCel CEO Lee Buckler



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THERE ARE AN ESTIMATED
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Cell therapy may allow athletes to soon play well into their 40s and possibly into their 50s. ISTOCK

Athletic immortality may be able to be achieved with cell therapy procedures

Aging baby boomers may be able to regain functionality with similar treatments.



MATT BURKE
@burke_metro
matthew.burke@metro.us

Kobe Bryant traveled to Germany one off-season several years back to have PRP (platelet rich plasma) therapy. The season after his first injection, he led the league in scoring for much of the year. Peyton Manning reportedly went to Europe in 2011, had stem cell therapy and broke every passing record in the NFL book shortly thereafter. Both athletes were well into their 30s when they had these cutting edge and often taboo treatments

done.

In most every other walk of life, your mid-30s is supposed to be your prime. In professional athletics, 30 is considered old, and 35 is considered ancient.

That perception, however, could change radically in the next few years.

Lee Buckler is the CEO of RepliCel, a company in Vancouver, Canada, that is making extraordinary strides in researching cell regeneration for damaged tendons and is providing innovative treatment that promotes the healing process. When asked if he thinks that pro athletes will be able to play into their 40s and possibly even 50s in 25 years or so thanks to modern medicine — specifically cell therapy

— Buckler was firm that it would not take nearly that long.

"In the next five to 10 years, we're going to see it," Buckler said. "As a field of regenerative medicine, in the next five to 10 years, we're going to be able to see not only the high performance athletes, but the weekend warriors and aging baby boomers be able to regain the functionality in their beaten down ligaments and tendons."

Complete restoration

What RepliCel and other regenerative medicine companies are doing is completely restoring tissue using a person's own cells.

"We take the patient's own cells from a tissue

biopsy that we take from the back of their scalp," Buckler said. "There are cells in there that are highly expressive of the kinds of proteins that build tissue. We then grow millions more of those cells in the lab. And then we put them in a vial and send them back to the doctor for re-injection."

Surgery to repair broken down knees and elbows is basically a "quick fix" Buckler says, and it's just now that we're getting to a point where full restoration is possible.

"We haven't just numbed the pain [with cell therapy]," Buckler said. "We haven't just carved away chips in your joint or anything like that. What we've seen from the studies

we've done so far, is we've regenerated your tendon in a very natural way using your own cells. How long that lasts depends on how well we've rebuilt your tendon and how much abuse you are going to subject your tendon to in the future. One thing that we believe with certainty is that it's going to be a lot more doable than any other approach that's simply trying to address the symptoms or increase your function, without truly regenerating your tendon."

What's next?

RepliCel has partnerships across the globe and is working on some "emerging relationships" in the United States, which Buckler says will soon lead to a pre-IND (in-

vestigational new drug) meeting with the FDA. He anticipates great activity in the U.S. soon.

Cell therapy is already commonplace in the NFL, as Sports Illustrated reported in 2014 that stem cell treatments were already being used by hundreds of players (an average of six players per team). But the treatments are still largely frowned upon by the mainstream U.S. sports leagues. From the SI piece: "Stem cells are still somewhat in the shadows — evidence of their usefulness in treating athletes' injuries is so far largely anecdotal, NFL teams often will not pick up the bill for players, and the overseas market for treatments not approved in the U.S. makes the whole field seem somewhat taboo."

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NYC councilman has a plan to compel release of President Trump's taxes

Councilman Corey Johnson is working on a legislative method to require the president to release his tax history.

AMY RUSSO
@MetroNewYork
letters@metro.us

Amid ongoing calls for President Donald Trump to release his tax returns, it appears the tail may be wagging the dog; legislatively speaking, that is. New York City Councilman Corey Johnson is expected to announce a bill this month that would force the president to disclose his personal returns through a strategically-worded proposal targeting one of his golf courses.

The bill, which is being drafted, would require

any individuals holding city concession contracts, who are also named in their entity, to make their tax returns public.

Trump Ferry Point LLC., the president's Bronx golf course, falls squarely under this narrow definition, an intentional move on the part of Council member Johnson, of New York City's 3rd District, which includes a large chunk of Manhattan.

The bill would demand the release of the president's most recent returns at the time of the concession contract renewal.

"Donald Trump makes millions off of public land, he emblazons his name all over the property, and he doesn't return a dime back to the city," Johnson said in a statement. "This is public property, and the public deserves a much higher degree of transparency. The choice for



NYC Councilman Corey Johnson is preparing a bill to compel President Trump to release his tax returns. PROVIDED

Donald Trump should be simple: Make your returns public or relinquish your contracts with the city of New York."

How likely is it the bill would pass? Johnson believes it is almost a sure shot. "The response from my colleagues in

the Council has been very promising so far," he said.

However, given the nature of the bill, it is likely President Trump would

take immediate legal action against the proposal if it were enacted.

"I think it will hold up," he remarked. "This bill is about more than Trump. It's about accountability and transparency. And it's well within the city's right to require transparency when it comes to the use of public property."

Johnson isn't the only New York City politico looking to get hold of President Trump's tax information. State Sen. Brad Hoylman introduced a bill last month in Albany demanding "statewide elected public officials including the president of the United States" make their tax returns public. The proposal, cleverly titled the "T.R.U.M.P. Act," or, Tax Returns Uniformly Made Public Act, is currently sitting in the Senate Committee.

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Finding a replacement for former FBI Director James Comey has become a central concern for the Trump administration. GETTY IMAGES



TRUMP'S AMERICA

WHEN DONALD SAYS, 'YOU'RE HIRED!'

OPINION



ELLIS HENICAN
@henican

White House press secretary Bill Moyers, that President Johnson was going to replace J. Edgar Hoover as director of the FBI.

This was huge news. Hoover, a towering figure in Washington, was equally admired, loathed and feared.

Just as expected, Johnson called a news conference. Cameramen came from the three TV networks. So did a big mob of print reporters with their notepads and pens. But the news the president delivered shocked everyone. Instead of dumping Hoover, President Johnson named him director "for life."

Johnson then turned to Moyers and said: "You can tell Ben Bradlee to go f— himself."

This was the president's decision, and he was going to make it.

It turned out to be a terrible decision. Hoover, bloated with power and feeling invincible, took the FBI into all kinds of places it didn't belong: spying on political enemies, undermining civil rights, disregarding constitutional rights.

Years later, Johnson explained it this way: "It's probably better to have him inside the tent pissing out, than outside the tent pissing in."

That made a certain amount of sense. But when Johnson said it, even he seemed to have some regret in his voice.

Metro columnist Ellis Henican is a veteran journalist, best-selling author and frequent commentator on CNN and other TV networks. Follow him on Twitter @henican.

"Who Wants to Be FBI Director?"

On TV's newest reality show, host Donald Trump has divided the contestants into two teams and has begun parading them in for interviews.

Experienced law enforcement officials who could actually do the job: Interim FBI Director Andrew McCabe, ex-NYPD Commissioner Ray Kelly, ex-Justice Department official Alice Fisher and former U.S. Attorney (and current NY Appeals Judge) Michael Garcia.

Partisan Republicans whose chief qualification would be loyalty to Donald Trump: Texas Sen. John Cornyn, ex-congressman Mike Rogers, ex-congressman Trey Gowdy and federal Judge Henry Hudson, who most famously struck down the centerpiece of Obamacare.

I have a pretty good idea which team the president is looking more closely at. But when it comes to hiring and firing FBI directors, I have learned that presidents can sometimes fool even the savviest reporter, just like Lyndon Johnson did.

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Trump considering how move of US Embassy in Israel could affect Mideast peace



The city skyline in Jerusalem, Israel. GETTY IMAGES

President Donald Trump is trying to determine how keeping his promise to move the U.S. Embassy in Israel to Jerusalem could affect his hopes of brokering a peace deal between the Israelis and the Palestinians, his secretary of state said on Sunday.

Since taking office in January, Trump has shown signs of shelving his campaign pledge to move the embassy from Tel Aviv, while vowing to do what is necessary to clinch a Middle East peace agreement.

"The president is being very careful to understand how such a decision would impact a peace process," Secretary of State Rex Tillerson told NBC's "Meet the Press." He spoke just days before Trump starts a Middle East trip that includes meetings with Israeli and Palestinian leaders.

Israel regards Jerusalem as its eternal and indivisible capital and wants all foreign countries to base their

embassies there. The relocation is strongly opposed by many U.S. allies as the Palestinians also claim the city as their capital.

Tillerson said Trump's decision would depend greatly on how it is seen by governments in the region, including "whether Israel views it as being helpful to a peace initiative or perhaps a distraction."

His comments drew a quick response from Israeli Prime Minister Benjamin Netanyahu.

"Israel's position has been stated many times before to the American administration and the world," Netanyahu's office said in a statement.

"Moving the American embassy to Jerusalem will not harm the peace process, it will do the opposite. It will advance it by righting a historical wrong and by shattering the Palestinian fantasy that Jerusalem is not the capital of Israel."

REUTERS

"The president is being very careful to understand how such a decision would impact a peace process."

Tillerson

MIDDLE EAST

Rebels: Syrian army sends reinforcements toward border with Iraq

The Syrian army aided by Iranian-backed militias was moving troops to a desert region near its border with Iraq and Jordan just as U.S. backed rebels are consolidating control in an area from which Islamic State militants had recently pulled out, rebel sources and commanders said.

They said their intelligence showed that hundreds of Syrian troops and Iranian-backed

Shi'ite militias with tanks and heavy equipment had moved in the last few days to the town of Sabaa Biyar, in a sparsely populated desert territory that goes all the way to the Jordanian and Iraqi border known as the Syrian Badia.

The remote town near the strategic Damascus-Baghdad highway was captured by the army and its allies last week as they seek to prevent areas left by the headline militants from falling into the hands of

Western-backed moderate Free Syrian Army(FSA) rebels say.

"They have sent big reinforcements from artillery, to tanks and armored vehicles," said Major Issam Al Reis, the spokesperson for the so-called Southern Front group of Western-backed FSA rebel groups.

The Syrian army was not immediately available for comment.

The Syrian army has been alarmed by two months of FSA

advances against Islamic State that allowed the rebels to secure a large swathe of sparsely populated territory stretching from the town of Bir Qassab, some 30 miles southeast of Damascus, all the way to the borders with Iraq and Jordan.

"The regime's plan is to reach the Iraqi-Syrian border and cut the road on our advance further toward the north east against Islamic State's strongholds there after they lost territory in the Badia," al Reis said. REUTERS

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Businesses brace for Monday as ransomware threat lingers

Researchers remained on high alert for new variants that could lead to a fresh wave of infections.

U.S. and European officials scrambled to catch the culprits behind a massive ransomware worm that caused damage across the globe over the weekend, stopping car factories, hospitals, shops and schools, amid fears it could wreck fresh havoc when employees return to work.

Cybersecurity experts said the spread of the virus dubbed WannaCry — “ransomware” which locked up more than 200,000 computers in more than 150 countries — had slowed, but the respite might only be brief.

New versions of the worm are expected, they said, and the extent of the damage from Friday’s attack remains unclear.

The investigations into the attack were in the early stages, and attribution for cyber attacks is notoriously difficult.

President Donald Trump on Friday night ordered his homeland security advisor, Tom Bossert, to convene an “emergency meeting” to assess the threat posed by the global attack, a senior administration official told Reuters.

Senior security officials held another in the White House Situation Room on Saturday, and the FBI and the National Security Agency were working to help mitigate damage and identify the perpetrators of the massive cyber attack, said the official, who spoke on condition of anonymity to discuss internal deliberations.



A patient appointment letter from a London NHS hospital, next to a virus and spyware warning message on a laptop screen at a home in London, following a major cyber attack on NHS computer systems. GETTY IMAGES

The NSA is widely believed to have developed the hacking tool that was leaked online in April and used as a catalyst for the ransomware attack.

The original attack lost momentum late on Friday

after a security researcher took control of a server connected to the outbreak, which crippled a feature that caused the malware to rapidly spread across infected networks.

Infected computers appear to largely be out-of-date devices that organizations deemed not worth the price of upgrading or,

in some cases, machines involved in manufacturing or hospital functions that proved too difficult to patch without possibly disrupting crucial operations, security experts said.

Marin Ivezic, cybersecurity partner at PwC, said that some clients had been “working around the clock since the story broke” to restore systems and install software updates, or patches, or restore systems from backups.

Microsoft released patches last month and on Friday to fix a vulnerability that allowed the worm to spread across networks, a rare and powerful feature that caused infections to surge on Friday.

Code for exploiting that bug, which is known as “Eternal Blue,” was released on the internet in March by a hacking group

known as the Shadow Brokers. The group claimed it was stolen from a repository of National Security Agency hacking tools. The agency has not responded to requests for comment.

Hong Kong-based Ivezic said that the ransomware was forcing some more “mature” clients affected by the worm to abandon their usual cautious testing of patches “to do unscheduled downtime and urgent patching, which is causing some inconvenience.”

He declined to identify clients who had been affected.

The head of the European Union police agency said Sunday that the cyber assault hit 200,000 victims in at least 150 countries and that number will grow when people return to work on Monday.

REUTERS

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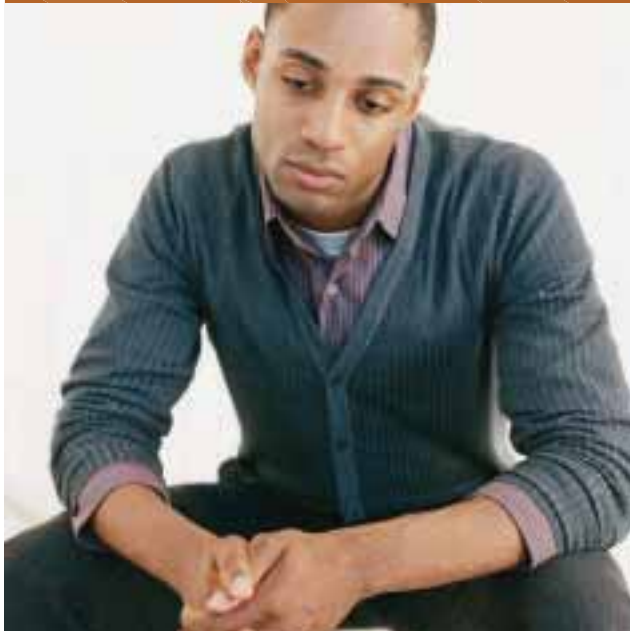
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Trump asked to turn over any Comey tapes

Trump's threat about tapes has intensified calls from Democrats for an independent probe of alleged Russian meddling in the 2016 U.S. election.

Lawmakers on Sunday called on President Donald Trump to turn over any tapes of conversations with fired FBI chief James Comey, potentially setting up a showdown with the White House as Democrats considered a boycott of the vote on Comey's replacement.

In a highly unusual move, Trump last week appeared to suggest on Twitter that he might have tapes of conversations with Comey and warned the former director of the Federal Bureau of Investigation against talking to the media. Trump and a White House spokesman declined to confirm or deny whether such tapes exist.

Republican Sen. Lindsey Graham of South Carolina said the White House must "clear the air" about whether there are any taped conversations.

"You can't be cute about tapes. If there are any tapes of this conversation, they need to be turned over," Graham told NBC's "Meet

the Press" program.

Trump sparked a political firestorm when he abruptly fired Comey last week. The FBI has been investigating alleged Russian meddling in the U.S. election and possible ties between Moscow and the Trump campaign.

Democrats have accused Trump of attempting to thwart the FBI's probe and have called for some type of independent inquiry into the matter.

Trump has said he re-

moved Comey because he was not doing a good job and that Comey had lost the support of FBI employees.

Trump tweeted on Friday that "James Comey better hope that there are no 'tapes' of our conversations before he starts leaking to the press!"

If there are recordings, Republican Sen. Mike Lee of Utah told the "Fox News Sunday" program it was "inevitable" that they would be subpoenaed and the White House would have to release them.

Lee, who was on Trump's list of potential replacements for Supreme Court Justice Antonin Scalia, also said recording conversations in the White House is "not necessarily the best idea."

Senate Democratic Leader Chuck Schumer said Trump

must immediately provide Congress with any tapes and warned that destroying existing tapes would violate the law.

Schumer also said Senate Democrats are weighing whether to refuse to vote on a new FBI director until a special prosecutor is named to investigate Trump's potential ties to Russia.

Russia has denied the claims and the White House says there was no collusion.

"To have that special prosecutor, people would breathe a sigh of relief because then there would be a real independent person overlooking the FBI director," Schumer told CNN's "State of the Union" program.

Trump, who has sought better relations with Russia, has continued to question whether it was behind the hacking of email accounts belonging to Democrats involved in Hillary Clinton's 2016 presidential campaign.

But Secretary of State

"You can't be cute about tapes. If there are any tapes of this conversation, they need to be turned over."

Republican Sen.
Lindsey Graham

Rex Tillerson told NBC's "Meet the Press" program there is no question that "the Russians were playing around in our electoral processes."

He defended Trump's decision to meet with Russian Foreign Minister Sergei Lavrov in the Oval Office last week.

"It's in the interest of the American people, it's in the interest of Russia and the rest of the world that we do something to see if we cannot improve the relationship between the two greatest nuclear powers in the world," Tillerson said.

REUTERS



James Comey
GETTY IMAGES

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Facebook's Sandberg urges family-friendly policies on Mother's Day

Facebook Inc. Chief Operating Officer Sheryl Sandberg posted a Mother's Day appeal on Sunday for federal and corporate policies to benefit working parents, including a minimum wage increase, mandated paid parental leave and affordable childcare.

Sandberg, an influential voice in corporate America and author of the successful 2013 book "Lean In," said the U.S. government and employers must do more to help parents, especially single mothers, who are struggling to provide for their children while assuring their safety and well-being.

"It's time for our public policies to catch up with what our families deserve and our values demand," Sandberg, a 47-year-old widowed mother of two, wrote on her personal Facebook page. "We all have a responsibility to help mothers as well as fathers balance their responsibilities at work and home."

One of the most

important actions the government could take is to help millions of families living near the poverty line by raising the federal minimum wage, Sandberg said.

More than 40 percent of American mothers are the primary breadwinners for their families, she said, and many of them are the only breadwinner.

Sandberg's message was accompanied by a picture of her with her mother and mother-in-law on the day of her wedding to former SurveyMonkey Chief Executive Officer Dave Goldberg, who died in 2015 from cardiac arrhythmia.

In "Lean In," she encouraged women to be more ambitious in the workplace. Following Goldberg's death, she co-wrote the book "Option B: Facing Adversity, Building

Resilience and Finding Joy" that was published this year.

Sandberg called for more protections for mothers, fathers, gay and transgender parents as well as for adoptive parents who seek a leave of absence from their job to care for a child or other family member.

"We shouldn't have to risk losing a job or being able to meet the basic needs of our families to do that," Sandberg said.

Sandberg, one of the wealthiest American women with a net worth of \$1.38 billion, said the United States is one of the only developed countries not to guarantee paid family or maternity leave.

Sandberg also said American parents need affordable childcare. In the United States, the cost of daycare for two children is more than the median annual rent in all 50 states, she said. REUTERS



RETRACTION

Metro has retracted its story, 'These are the most dangerous schools in New York City.'

This piece was based on a study posted by SafeHome.org detailing the highest crime "zones" around schools in New York City, ranging from public high schools to private

colleges.

By identifying school "zones" using the names of schools in those zones, some readers may have gotten the impression crimes happened within the schools themselves, instead of in the zones. For this misunderstanding, Metro

would like to apologize.

Furthermore, SafeHome.org's data does not match crime statistics published by the NYPD, and the organization has not responded to requests to verify the research behind its own survey. For this reason, Metro has retracted the story.

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Pippa Middleton has no chill whatsoever



GETTY IMAGES

I told you this woman was torturing herself.

Middleton is set to marry James Matthews next weekend. And sure, she's the one saying "I do," but all the attention will probably be on her brother-in-law, Prince Harry, and his American sweetheart, Meghan Markle. Last week, news broke that Markle would be attending the full wedding as The Hot Ginger Prince's date.

Originally, there were rumors that Markle wouldn't be invited to Pippa's wedding ceremony at all. But Middleton gave in and made an exception for Markle because, I mean, what else was she going to do? Deal with the wrath of Buckingham Palace?

Methinks not.

Pippa Middleton is a very prepared woman. And when it comes to her wedding next week, well — she's not messing around, OK?

The younger Middleton sister is reportedly training with a Bridal Body Bootcamp, which is an alliterative tongue twister that just happens to sound like actual torture.

The 33-year-old has enlisted a slew of experts to help her get ready for her big day.

"Pippa has met with her personal trainer about five times a week and mostly sticks to cardio and pilates," a source tells E! News. "Her diet is the healthiest ever — she hasn't even had a glass of wine in months."



GETTY IMAGES

North West would like to be left alone, please

North West — a 3-year-old with more common sense than most of Hollywood — has a message for the paparazzi.

The daughter of Kanye West and Kim

Kardashian was spotted yelling at the paparazzi over the weekend when they rushed her and mother Kim after an ice cream run. "No pictures!" she yelled. "No

Pictures." I mean, she was a few seconds away from bum rushing one paparazzo — probably the one who offered a lame "Sorry, North" while continuing to take

Paris Jackson loves gettin' naked

INSTAGRAM/PARIS JACKSON



Paris-Michael Katherine Jackson — a 19-year-old whose sudden rise to stardom is frankly suspicious — really enjoys being in the nude. To prove it, she posted a nude to Instagram,

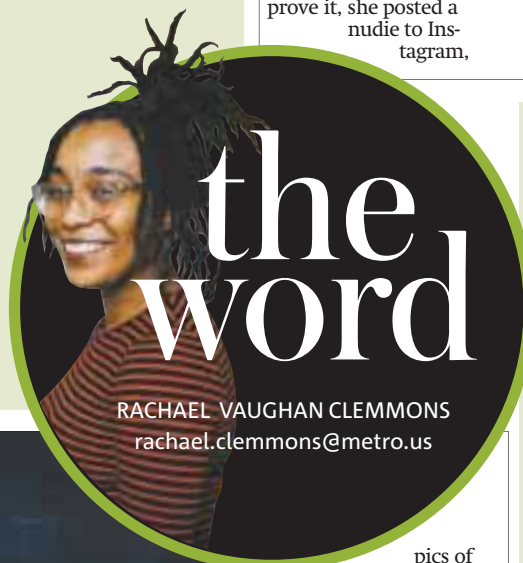
a sext heard 'round the world.

Lest you think this was just a simple ploy for attention, the only daughter of the late Michael Jackson wrote an entire essay underneath the image. Her thesis

appears to simply be that being nude is like, a beautiful thing or whatever. A novel concept, don't you think?

"I'll say it again for those questioning what I stand for and how I express myself," she wrote. "nudity started as a movement for 'going back to nature,' 'expressing freedom,' 'being healthier' and was even called a philosophy. Being naked is part of what makes us human."

Even though I'm not sure where this essay came from — she's not even nude, she's literally just showing off some side boob — I suppose it's good that Jackson is using her newfound platform for good. The girl has been in the actual spotlight for all of five months and she's already preaching to her 1.4 million followers about accepting yourself and being healthy while smoking a cancer stick topless.



RACHAEL VAUGHAN CLEMMONS
rachael.clemmons@metro.us

the word

pics of the young fashionista.

Let the girl enjoy her ice cream in peace, y'all. Would you want someone disturbing the tender, special moment between you and your mint chocolate chip? I didn't think so.

As The Cut points out, the paparazzi can be pretty ruthless when it comes to taking photographs of celebrities and their children. However, judging from Kim's reaction to North's outburst — a giggle and a "come on sweetie," I doubt that the 36-year-old will be complaining about the attention any time soon.

Abby Lee Miller is really milking this prison thing

To the surprise of approximately nobody, Abby Lee Miller is trying to get as much attention over her recent prison sentence as possible.

"Dance Moms" most shameless provocateur went on E! News over the weekend to shed a tear for the cameras, because the woman has got to make the most of her time in the spotlight.

"It is surreal. How does a nice Catholic girl end up going to prison for a year? It's crazy," the 50-year-old says, somehow keeping a straight face.

"I've made mistakes. I have to pay for those mistakes. I feel like the whole case could have been handled differently."

Yeah! You could have like, not hid your money from the government. Miller has about a month and a half before she has to head to the clink, where she will reenact the role

of the very delusional Roxie Hart from "Chicago," a role iconically played by Renee Zellweger. There will be singing and dancing and seedy well-dressed lawyers played by Richard Gere.



GETTY IMAGES



Charlie Hunnam plays the ripped future monarch in Guy Ritchie's "King Arthur: Legend of the Sword," now in theaters. WARNER BROS. PICTURES

Talking 'King Arthur' and willies with Guy Ritchie

The famed director is as fun to talk to as his movies are to watch.



MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Guy Ritchie is not your typical director. He's no quiet, brooding artiste who muses about his craft. His movies feel like him: They have his energy and his very English sense of humor. When he graduated from dirty, fast-paced crime comedies, like "Lock, Stock and Two Smoking Barrels" and "Snatch," to the big-budget franchise-starter that was 2009's "Sherlock Holmes," there was a worry that his voice would be consumed by corporate product. But it wasn't. The same goes for his new "King Arthur: Legend of the Sword," with a ripped Charlie Hunnam as Ritchie's twist on the Once and Future King.

I was slightly surprised that "King Arthur" felt like one of your films. Usually fantasy movies feel very proper, staid. This one felt like you. Right. I hope so. I like director-driven movies. I re-

spond to a director who says, "Right, this is what we're doing." They grab you by the scruff of your neck and you go, "Oh, thanks!" I want to be told what to think as opposed to one of those committee movies, you know?

Where studio heads think they're directors, too. It's a bunch of producers sitting around, saying, "Well, I think it should be this, the computer says no, the computer says yes." Forget all that, mate. It's an art, not a science.

I was perhaps most delighted that you slipped in funny nicknames, as though you were still making "Lock, Stock" and "Snatch." Goosefat [played by Aiden Gillen] is a good one. Goosefat's a fun name, isn't it? Actually, I should give credit where credit

is due. Lionel [Wigram], the producer, came up with it. It's not particularly his world, coming up with nicknames. But he came up with

In which things take a dirty turn

Do you have a favorite old King Arthur movie? Other than "Monty Python and the Holy Grail," obviously. The truth is, I haven't seen many of the others. Other than "Monty Python," what else is there? There was "First Knight," but I didn't see that either. The only big one I can think of is [John] Boorman's one ["Excalibur," from 1981].

That's a great movie, but also not quite a straight-forward Arthur movie. It's really weird, in an amazing way. Pretty weird. But f—ing genius moments in it, by the way. Its weirdness is where the gold really lies. When [Uther] Pendragon rides in on the dragon's breath, I was in there, brother. And then the son with the gold mask? It was good imagery — big, bold stuff. You had the Irishman with the big willy. What's his name?

I have no idea. Pierce Brosnan? Wait, he's not in it. No. Does he have a big willy? No, it's what's-his-name. He's the big Irish guy. [Thinks] Liam Neeson.

Right! Does he have a big willy? That's what everyone says.

Goosefat. It was for another reason he was called Goosefat, which was rather rude. So we turned it into Goosefat because he was good at slipping out between bars.

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Why Knee Arthritis Sufferers Of Almost All Ages Are Opting For Newest Medical Procedures Before Surgery . . .

Fraction of the cost, minimal risk and little to no downtime amongst top reasons

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at **NY Pain MD** because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"*

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Precision Arthritis Targeting Technology and did not get good results - this may be why.



"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The key is not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."

Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



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In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis Pain -

Illustration shown is a knee joint with painful osteoarthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging Failed Treatment -

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You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like "joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering nly the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** uses this P.A.T. Imaging Technology. with each and every treatment.

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

Many Insurance Plans Participate:

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*EZ payment plans and financing also available

All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD?

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give **NY Pain MD** a call and schedule your no obligation knee pain screening

NYC
PAIN MD

800-885-KNEE (5633)

Yvonne Strahovski knows you think her 'Handmaid's Tale' character is Ivanka

The actress is anything but a "passive bystander."



JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

If you've been completely hooked (and horrified) by "The Handmaid's Tale" since it premiered on Hulu a few weeks ago, chances are you're quite familiar with Yvonne Strahovski, the actress who plays the Commander's (Joseph Fiennes) cold yet beautiful wife, Serena Joy.

Strahovski admits that figuring out this complex character was one of the most difficult parts about filming "The Handmaid's Tale."

"Serena has a lot of dualities that make her," she says. "She helped create Gilead as a society and now has to survive within a cage she built for herself."

Given the emotional heaviness of her character, the 34-year-old actress spent a lot of time with nature to stay in balance — going to the lakes in Toronto and biking whenever she could.

"It wasn't easy sitting with her [Serena Joy] and it was hard to shake her. I relied on nature heavily when it came to that."

Since the show's premiere, many parallels have been drawn between Serena Joy and Ivanka Trump, and Strahovski thinks the comparison is spot-on.



Yvonne Strahovski as Serena Joy in "The Handmaid's Tale" ALL PHOTOS GEORGE KRACHYK

"Serena is a passive bystander. She's watching women without their rights become sex slaves to the elite. It resembles Ivanka Trump's response to women losing rights with their bodies [and being the subject of] derogatory comments."

The similarities are so uncanny that Strahovski may even use Ivanka's newest book, "Women Who Work," as inspira-

tion for Serena Joy's character in season two.

"Serena writes a book about domestic feminism where women empower themselves through their own biological destinies," she says. "I'm curious to see what Ivanka Trump has written in her new book as a character study for Serena."

One thing's for sure — Strahovski herself is

anything but a passive bystander, and even participated in the Women's March in Toronto.

"It was intense, enlightening, beautiful and powerful. I had never been to anything like that, and I certainly didn't expect 65,000 people to show up," she reflects. "It was something I couldn't sit



"Serena has a lot of dualities that make her," says Strahovski.

out, and I didn't want to." The actress hopes "The Handmaid's Tale"

will inspire thoughtful discussion and mindfulness amongst its viewers.

"It wouldn't take much to fall into a society like that if we aren't careful," she says.

The next episode of "The Handmaid's Tale" airs this Wednesday on Hulu.

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All the damn fine 'Twin Peaks' events

Your pregame to the season-three premiere — and a couple watch parties, too.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

It really is happening again, and so soon! This Sunday, May 21, "Twin Peaks" returns, and the suspense is high. Beyond a few cryptic teasers and a handful of interviews in which David Lynch reveals, oh, absolutely nothing about Season 3, we don't know much about what's ahead for the residents of our favorite disturbed Pac-Northwest town.

In the meantime, we can revel in the hype with fellow fans at themed parties, game nights, special screenings, and, for those of you who still don't know how you're going to watch the revival (er, try that Showtime free trial, or find a friend and invite yourself over every Sunday for the next 18 weeks?) we found a couple of premiere watch parties, too.

Showtime Presents: A Tribute to "Twin Peaks"

This immersive "Twin Peaks" party is currently waitlist-only, but it sounds dreamy (read: nightmarish) enough that it's worth a try getting in! BBQ Films has teamed up with Flavorpill to transform Greenpoint's Brooklyn Bazaar into a "Twin Peaks" dreamscape. Attendees can get damn fine coffee at the Double R Diner and wander the Twin Peaks Lodge; it's interactive, too, with members of the Pink Room Burlesque roleplaying characters. There will even be a Miss Twin Peaks Pageant.

Tuesday, May 16, 7 p.m.,
bkbazaar.com

'Twin Peaks' watch party at Videology

The Williamsburg cinematic bar is hosting a day-long pre-gaming event leading up to their screenings of the premiere on May 21 at 9 p.m.



"Twin Peaks" Season 3 airs
May 21 at 9 p.m. on
Showtime. **SHOWTIME**



Play "Twin Peaks" Bingo
at Videology. **FACEBOOK,**
VIDEOLOGYBARANDCINEMA

Beginning at noon, watch old episodes, play "Twin Peaks" trivia and enjoy themed drink specials, Oslo coffee and cherry pie from the Blue Stove. Sign us up: We'll happily replace the Sunday Scaries with the Sunday Creepies. The die-hard can get started the night before at the bar's midnight screening of the show's prequel "Twin Peaks: Fire Walk with Me" on Saturday, May 20. Or start the party really early at the bar's long-running "Twin Peaks" Bingo on Wednesday, May 17. Sunday, May 21, noon til late, videologybarandcinema.com

BAM's "Peak Performances"

You're likely rewatching the two seasons of the show, but if you want to go deeper, BAM is

showing films featuring "Twin Peaks" cast members. The retro includes Lynch-directed films, like the show prequel "Twin Peaks: Fire Walk with Me," starring Sheryl Lee

as Laura Palmer, pre-body bag, and "Eraserhead," with Jack Nance (Pete Martell on "Twin Peaks"). You can also see "Carrie" with Piper Laurie (Cat Martell), "The Warriors," with David Patrick Kelly, (Eric Horne), and "The Haunting" with Russ Tamblyn (Dr. Lawrence Jacoby). Through Wednesday, May 24, bam.org

"Twin Peaks" watch and dance party at Alphaville

The Bushwick bar will host a watch party for the Season 3 premiere at 9 p.m. Arrive at 8 to catch a screening of the Season 2 finale, and stay after the premiere for entertainment from the occult electronic-dance performance art troupe called A Place Both Wonderful and Strange. Sounds about right! Sunday, May 21, 8-11:55 p.m., alphavillebk.com

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BEFORE AFTER

Anesthesiologists make some of the highest salaries

LEARN ABOUT THE TOP CAREERS OF 2017

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SARA FEINSTEIN
@MetroNewYork
letters@metro.us

Anesthesiologists are known for their stressful job — one that involves administering just the right amount of anesthesia to properly sedate a patient. But their ability to relieve pain quickly and efficiently gives them a satisfaction that makes the high pressure worth it, says Dr. Lawrence Epstein, professor of anesthesiology at Mount Sinai School of Medicine. (There's also that six-figure salary.)

We spoke with Epstein to find out more about this in-demand



Anesthesiologists are responsible for monitoring a patient's safety and well being before and after surgery. iStock

profession.

What does an anesthesiologist do?

"An anesthesiologist is a physician whose job is to protect patients from the dangers and pain associated with surgery, childbirth or other procedures," says Epstein. They're typically

working in an operating room, where their role is not only to put patients to sleep and wake them up, but closely monitor their vital signs throughout the entire procedure.

What schooling do you need?

The journey to becoming

an anesthesiologist is a long one.

"You have to have a bachelor's degree first, then go to medical school, and after medical school, you have to do a residency, which is a minimum of four years," he explains, "so that's basically 12 years after high school."

And it doesn't end there. Those who want to specialize in areas such as cardiovascular, obstetric, or pediatric anesthesia need to complete an additional one to two years of training.

What's the typical salary?

The median annual salary for anesthesiologists was \$269,600 in May 2016, according to Bureau of Labor Statistics.

Is it hard to find employment?

"No," says Epstein. "There's a demand for well-trained anesthesiologists and that demand doesn't seem to be going away."

In fact, the Bureau of Labor Statistics projects a 21 percent employment growth through 2024, during which an estimated 7,100 jobs will open up.

The pros

One of the best parts of the job is the intellectual stimulation.

"Unlike a lot of fields of medicine, which are slow — in other words you give somebody a medication and tell them to come back in a month to see how they're doing— anesthesiology is really a moment to moment specialty," Epstein says.

"You're doing things that affect patients very critically and very quickly, and there's a lot of responsibility," he continues.

But that's part of what makes it so gratifying. "When you can take a woman that's in labor and make it a pleasant pain free experience — that's really a wonderful feeling."

The cons

The biggest drawback of the profession reflects the major issue with the field of medicine as a whole. "It's always a battle between what the politicians want to do and what physicians want to do," he says.

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Writing out a business plan with a list of goals is a great way to begin. **istock**

How to choose a business idea



NerdWallet is a personal-finance website.

A solid business idea requires creativity, planning and soul-searching. Use these three tips to choose the right business one.

1. Focus on your skills, experience and passion

Go with what you already know or don't mind learning fast.

You don't need to be an expert right away, but leveraging skills and experience you've gained can increase your chances of success.

Ask yourself whether you're passionate about running this company. Without that drive, it may be hard to stick it out through tough times.

2. Evaluate business-lifestyle fit

If balancing work and family life is important to you, then avoid businesses that could require working 60 hours a week. If you hate being stuck in an office, then look for businesses that can be operated remotely.

Matching the business idea

to your lifestyle can prevent burnout.

3. Test your idea

Before jumping in, make sure you've done your due diligence. Ask yourself: Is there enough demand for the product or service in your market? Can you afford the startup costs? How will you stand out from competitors?

No matter which business idea you decide to pursue, it's smart to write a business plan that details your goals and how you plan to achieve them. A business plan forces you to examine the validity of your idea, giving you a better shot at success. **STEVE NICASTRO**

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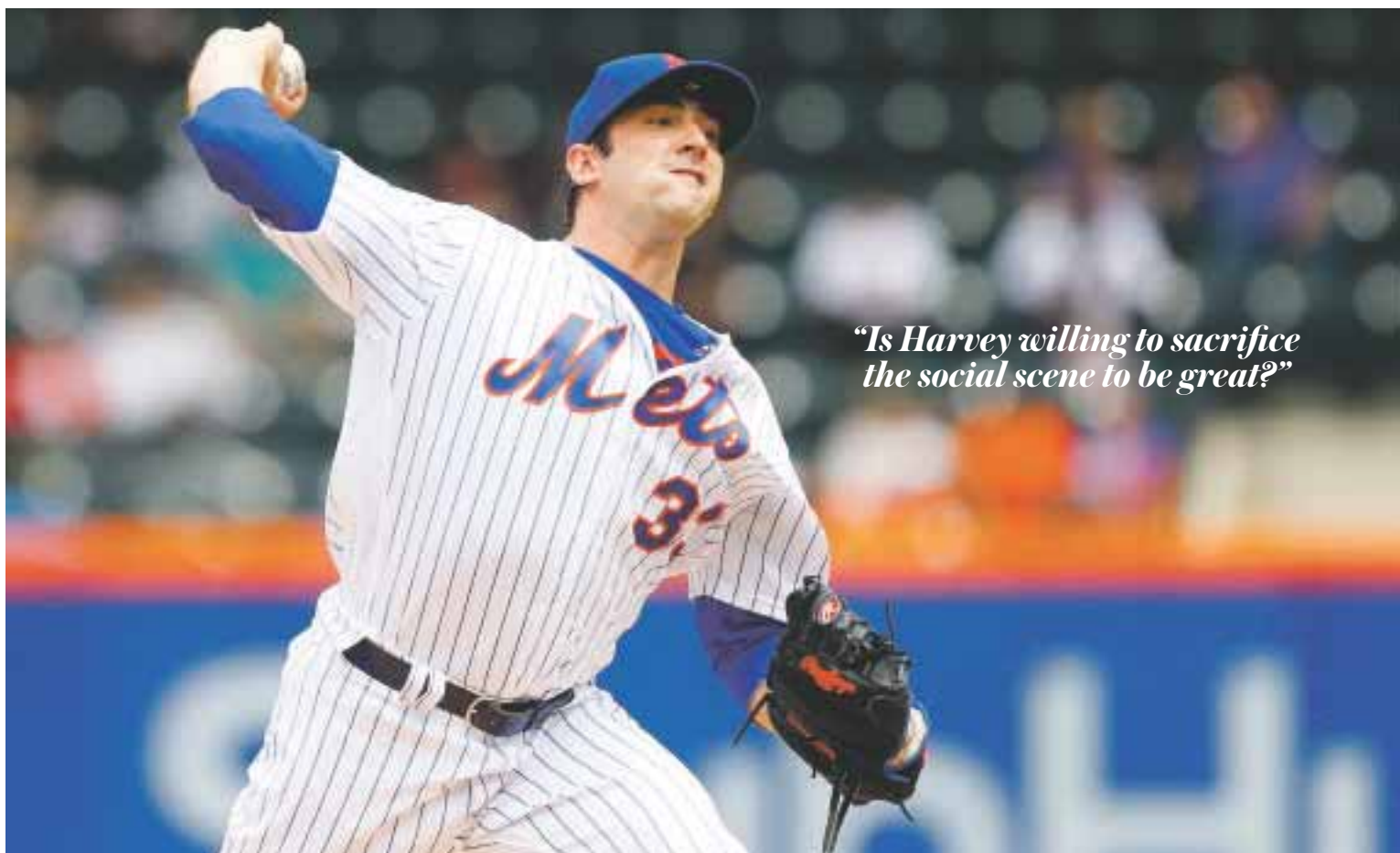
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"Is Harvey willing to sacrifice the social scene to be great?"

Matt Harvey has had a brutal 2017 season so far, owning a 5.63 ERA and a 2-3 record. GETTY IMAGES

ONLY MATT HARVEY CAN FIGURE OUT MATT HARVEY

It is on him.

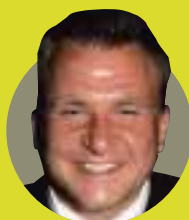
Matt Harvey took the mound this past Friday night in Milwaukee looking to regain his form. He was clean shaven and looking for a clean start in Miller Park, a long ways away from the bright lights of New York City and the Meatpacking District that represents the latest twist in the Matt Harvey saga.

The 897 miles between Milwaukee and Queens represent the pitcher he was and the pitcher he is today. Dip under his front right lip, looking to portray the intimidating presence on the mound that he struggles to find inside of him. His eyes on Friday night no longer showed a steely self-assured glare, but that of an individual searching for confidence, answers and success. Not only is Harvey battling back from two major surgeries in recent years, but is now battling the inner demons of confidence

MARC MALUSIS

OPINION

Marc Malusis is a columnist for Metro New York and a host on WFAN and CBS Sports Radio. @marcmalusis



and self-doubt as this city looks to be caving down on top of him.

It is on him.

Because not only is Matt Harvey looking to regain his old form, but he does it with the percep-

tion that he is looking to dominate the night life in New York like he dominated on the mound. You have every reason to believe he is an athlete that has gotten sideways after serving a three-game suspension, handed down by his own team this past week. He searches for the answers after being publicly shamed and embarrassed by the team that signs his checks in the hopes of waking him up and getting him to focus on baseball.

It is on him.

I think we all have a tendency to forget what it takes to be great. Certainly you need to start with a level of ability, but it also takes a passion and a drive to continue to work even when initial success comes your way. Derek Jeter had his number retired on Sunday night at Yankee Stadium and had his monument unveiled in front of the adoring Yankees faithful.

Jeter symbolizes so much for the Yankee fan. No question the success and the championships, but also the drive and the work ethic to be great even when many doubted just how good he was. He wanted to prove people wrong and he did as he goes down as one of the greatest players ever to wear the pinstripes.

When Matt Harvey first blasted on the New York scene, his star blazed the sky just as fast as his two seam fastball. We all remember his major league debut in Arizona as he symbolized hope and change with his 11 strikeouts in a Mets win versus the Diamondbacks. He now symbolizes frustration.

It is on him.

Let's go back to the August 2013 issue of Men's Journal in which Harvey praised Jeter. "That guy is the model. I mean, first off, let's just look at the women he's

dated. Obviously, he goes out — he's meeting these girls somewhere — but you never hear about it. That's where I want to be." All you do is hear about Harvey, nothing is quiet. There was a time when George Steinbrenner was

5.63

MATT HARVEY HAS
A 2-3 RECORD AND AN
UGLY 5.63 ERA IN 2017

frustrated by the stories of Jeter being out in New York City until 3 a.m., but his lifestyle never got in the way of his play on the field. Baseball was always his first priority. After all, it was March of this year that pictures surfaced of Matt Harvey publicly making out with supermodel Adriana Lima at the River Yacht Club in Miami. Jeter famously made you leave your cell phone at

the door upon entering his home in Tampa. Little bit different, wouldn't you say? Harvey wants to be Derek Jeter and he wants his lifestyle. Who wouldn't? Jeter has won at life. But he paid the price to get it. Nothing was handed to him, he earned it all and it all started with his play on the field and his work ethic. Harvey might want to be like Jeter, but he should know what defined Jeter.

It is on him.

Harvey was contrite and embarrassed about the situation. He said all the right things. Now comes the tough part and that is doing all the right things. Is Harvey willing to sacrifice the social scene to be great? Is he willing to work to once again become a dominant starting pitcher?

What happened to "The Dark Knight"? It is complicated.

It is on Harvey to find the answer.

New Pill Delivers Stunning Relief from Neuropathy and 30 Other Leg Issues

Demand for all natural nerve pain pill soars after initial users report spectacular results

BOSTON — Rick Healy, a retired engineer from Massachusetts, was forced into a wheelchair because of his diabetes and nerve pain that went with it. But if you met Rick today, you'd see he's out of his chair and feeling great! No burning. No numbness. Nothing. His doctor swears it's a miracle. But Rick knows the real secret.

"I WAS FORCED INTO A WHEELCHAIR"

When asked about life before his amazing recovery from neuropathy, Mr. Healy described his days as "unbearable" and "depressing".

"On my best day I still needed a cane. And on my worst days I couldn't get out of bed! I was a prisoner to the pain in my legs and feet. It was terrible. I couldn't travel. I couldn't play golf. I couldn't do much of anything. Going up and down stairs or getting into my car was a nightmare..."

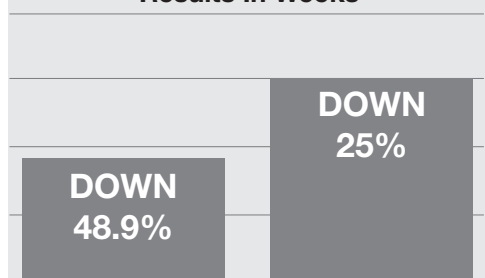
"Sometimes it felt like I was walking on burning glass. Other times I couldn't even feel my feet and would fall. That's when the doctors recommended a wheelchair".

RESTLESS NIGHTS

The neuropathy had caused other issues, too. Rick revealed that his discomfort became so bad that he couldn't get more than 3-4 hours of sleep a night.

"The nights were hard. I was exhausted but my legs were restless. I couldn't get comfortable. And so most nights I'd just lie there thinking of what was going to happen to me...absolutely terrified that I'd be living like this for the rest of my life".

Customers Report Spectacular Results In Weeks



Burning, Tingling, Numbness DECREASES 48.9%
Heavy, Swollen Legs DECREASES 25%

STUNNING RELIEF ARRIVES

Unlike the millions who suffer alone, Rick was lucky enough to have the support of his wife, Marie.

A retired market researcher for the supplement industry, she couldn't bear to see Rick hurt any longer and started searching the web for an answer.

She started by scouring scientific sites she used to read years ago and eventually landed on an interesting new article. A small group of chemists, researchers, and doctors excited about a new pill that's helped even the most serious cases of neuropathy and nerve damage.

BURNING, TINGLING, AND NUMBNESS...GONE

After reading all about the amazing success people were having with **NeuroQuell**, the natural nerve relief pill made specifically for people with neuropathy (especially from diabetes), she decided to get it for Rick to try. And the results were striking.

In just a few short weeks, the excruciating leg and foot pain that had plagued him for years disappeared and didn't come back.

"I knew it was working when I woke up one morning without numbness or burning in my legs...I haven't experienced that in years! It was unlike anything I've tried before. And today my nerve problems are gone. I can't thank my wife enough. **NeuroQuell** has given me my life back."

NeuroQuell Delivers Quick Relief From:

- Burning, tingling, and numbness
- Shooting, stabbing pains
- Itching and scratching
- Cramping and twitching
- Swollen, heavy, and restless legs
- Loss of sensations
- Muscle aches and weakness

EXTRAORDINARY RESULTS

Today tens of thousands of people use **NeuroQuell** and regularly report sensational results. Experts are scratching their heads in disbelief.

"We are absolutely stunned by the results. People who've used canes and walkers for years no longer need them. People who were in terrible discomfort now feel relief," said one industry expert.

"But in the end, it all comes down to research and **NeuroQuell** has that. Numerous studies on its proprietary formula prove its remarkable ability to relieve neuropathy and over 30 other leg issues, too. And that number is **growing fast**".

REPAIRS AND RENEWS DAMAGED NERVES

What makes **NeuroQuell** so effective? Experts believe it has to do with its amazing ability to repair and renew damaged nerves.

Stunning new research from leading medical schools reveals that the origin of all nerve pain is caused by damaged nerves in your legs and feet that stream constant pain signals to your brain. And because these particular cells are incapable of regenerating on their own, you never get relief.

"What most people don't know is that virtually all lower leg problems, including (diabetic) neuropathy, is brought on



by damaged nerves that can't fix themselves. It's that simple," explains **NeuroQuell's** CEO.

SPECIALIZED INGREDIENTS FOR LASTING RELIEF

NeuroQuell works by supplying your body with twelve key nutrients that are vital to nerve repair.

Damaged nerves in your legs and feet send ongoing pain signals to your brain, bringing on feelings of burning, tingling, and numbness that can last around-the-clock.

The nutrients in **NeuroQuell**, including special B vitamins and Alpha Lipoic Acid, have the amazing ability to repair and regenerate damaged nerves, shutting off your pain at the source and making sure it never comes back. With new, healthier, and stronger nerves, your legs and feet will feel 10-20 years younger!

SOLVES OVER 30 OTHER LEG AND FOOT ISSUES

One thing the makers of **NeuroQuell** want you to know is that you don't have to have neuropathy to benefit (even though **NeuroQuell** works amazing for this problem).

"Our research confirms that nerve damage is the underlying cause of nearly every lower leg issues. And that's why we're never surprised when people call in excited to tell us that their varicose veins, spider veins, restless legs, and several other leg issues are also gone".

GUARANTEED TO WORK

NeuroQuell is the first all natural supplement specifically formulated to correct the underlying cause of your leg problems — nerve damage.

By combining twelve incredibly powerful nutrients proven to repair your nerves, **NeuroQuell** is guaranteed to reduce numbness and tingling in your legs and feet, Lessen painful burning sensations, support and strengthened nerves, arteries, and veins, relax restless legs, lighten heavy legs, and also improve your balance and coordination.

WHERE TO GET NEUROQUELL

A special hotline number and discounted pricing has been created for all New York residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers. Your TOLL-FREE Hotline number is 1-800-939-8676 and will only be open for the next 48 hours. Only a limited discounted supply of **NeuroQuell** is currently available in your region. Consumers who miss out on our current product inventory will have to wait until more becomes available and that could take weeks. Experience the guaranteed **NeuroQuell** relief already enjoyed by thousands of consumers. Don't wait; call 1-800-939-8676 today.

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For more information call or text Jenny at 347-835-7842 or email microbicide@einstein.yu.edu

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by a research grant from the National Institute of Health.



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NOTICE IS HEREBY GIVEN that a license, Serial # 1302076, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 373 Graham Ave., Brooklyn, NY 11211. Kings County, for on premise consumption. Willyburger Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 202A Leonard St., Brooklyn, NY 11206, for on premises consumption. Atlixacyotl Restaurant LLC.

NOTICE IS HEREBY GIVEN that a license Number 1302411, for On Premise Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 141 W. 72nd St., New York, NY 10023, for on-premises consumption. Ma Uws New York Inc.

NOTICE IS HEREBY GIVEN that a license, Number 131515, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 160 E. 23rd St., New York, NY 10010, for on premises consumption. J & F Catering CO LTD d/b/a Kimchi.

NOTICE IS HEREBY GIVEN that a license Number 1302259, for On Premises Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 252 W. 37th St., Suite 101, New York, NY 10018, for on-premises consumption. Gogi 37 Inc.

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SERVICING LP F/K/A
COUNTRYWIDE HOME
LOANS SERVICING, LP,
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Defendant(s).
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plot, piece or parcel of land, with
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erected, situate, lying and being in
the Borough and County of Queens,
City and State of New York, Block
12202 and Lot 58. Premises will be
sold subject to provisions of filed
Judgment Index # 7109/14.
Gary Darche, Esq., Referee
Berkman, Henoch, Peterson,
Peddy & Fenchel, P.C.
100 Garden City Plaza
Garden City, NY 11530
Attorneys for Plaintiff.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 102 Lexington Ave., New York, NY 10016, for on premises consumption. Modern India Tapa Inc. d/b/a Tapa

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Summer Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 517 Clayton Road, New York, NY 10004, for on-premises consumption. ABC & E, LLC d/b/a Liggett Terrace West.

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metro.us /games

Across

- 1 Wave away
- 5 Ben on "Bonanza"
- 10 Wings, in botany
- 14 Doozie
- 15 Bring up the rear
- 16 Manual
- 17 "— Around"
- 18 Nobody can see it (2 wds.)
- 20 Entrances
- 22 Pigskin prop
- 23 Rockhound's find
- 24 Where roses climb
- 26 Pre-DVD format
- 27 Horse, updated
- 30 Straightens up
- 34 Crete's sea
- 35 Porgy's woman
- 36 Lemon —
- 37 Electrical units
- 38 Moss leaf
- 40 — Valley, Calif.
- 41 Norm
- 42 Weather org.
- 43 Gardener's flags
- 45 Shellfish
- 47 Never outdated
- 48 Loop trains
- 49 Pipe up
- 50 "Nick of Time" Grammy winner
- 53 Hamm of soccer
- 54 Half a pooch

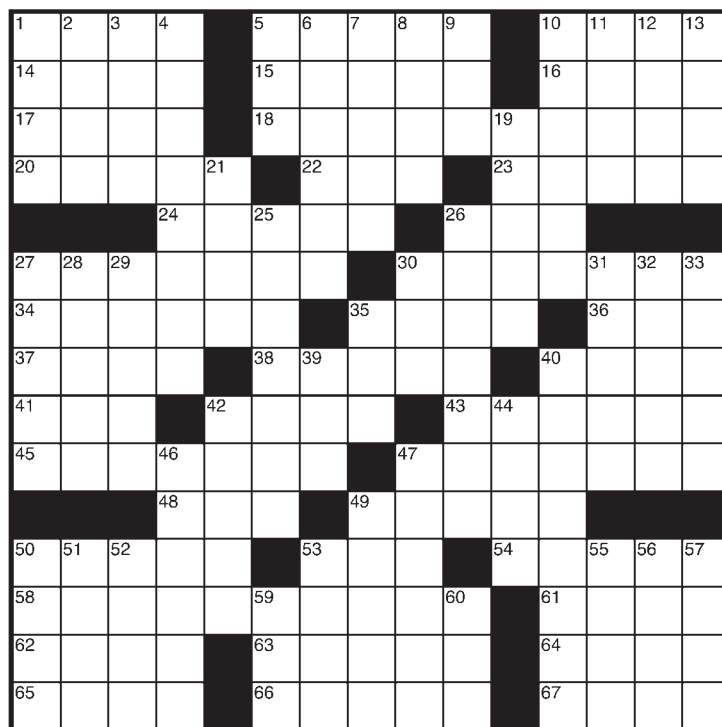
- 58 Unsure (3 wds.)
- 61 Sleep like —
- 62 Jean Auel heroine
- 63 Pharaohs' amulets
- 64 Prefix for "trillion"
- 65 Teen hangout
- 66 Artful dodges
- 67 Crystal-gazer

Down

- 1 Hit some ice
- 2 Sci-fi award
- 3 Dairy-case buy
- 4 Goes faster
- 5 Soho co.
- 6 He may rant
- 7 Like the upper atmosphere

- 8 Goddess of victory
- 9 Bay State tree
- 10 Vouch for
- 11 Apollo's mother
- 12 Pink-slipped
- 13 Raison d' —
- 19 Titled Turks
- 21 Baja Ms.
- 25 Elegant sweets
- 26 Trace
- 27 Buccaneers' home
- 28 Fixer-upper project
- 29 Greek market
- 30 Toshiba rival
- 31 Beethoven's "Fur —"
- 32 Puts the finger on
- 33 Dotted fabric
- 35 Pasture sound
- 39 "The Facts of Life" star
- 40 Stovepipes (2 wds.)
- 42 "Cape Fear" star
- 44 Very, informally
- 46 Deadly
- 47 Cochise or Geronimo
- 49 Plummets
- 50 Knock about
- 51 Seton of "Foxfire"
- 52 "— cost you"
- 53 PC list
- 55 Helm position
- 56 Disgruntled
- 57 Seaweed derivative
- 59 Wide companion
- 60 Mountain curve

metro.us/crossword



metro.us/sudoku

easy



hard



metro.us/horoscopes



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Taurus Keep an open mind, but don't let anyone pressure or manipulate you into something you don't want to do. Be the master of your destiny.



Gemini Take care of unfinished business before you start something new. Punctuality will play a role in how others perceive you. Do what you say and say what you do.



Cancer Do what feels right. Making changes to suit someone else is not going to work out well. It's OK to be different and to follow your instincts.



Leo It's up to you to bring about changes that will make your life better. An opportunity that allows you to use your skills distinctively should be considered.



Virgo You'll be offered lots of information — some good, some not so good. Take the time to decipher the best way to use what you've been given to accomplish your goal.



Libra Emotions will surface and take control. Problems at home can be expected. Stay calm and keep the peace, but don't lose sight of what's best for you.



Scorpio Look for alternative solutions to get what you want. Using emotional tactics and making inspiring suggestions will raise interest in what you want to do.



Sagittarius A change of plans shouldn't throw you off your game. Embrace whatever challenge comes your way in order to prove your competence to others.



Capricorn Control your emotions. Your energy will be better spent doing things that will bring you happiness, not discord. Live within your means and without envy.



Aquarius Financial gains look promising. Cutting a deal or signing a contract will boost your income. Investing in something you do well will up your game.



Pisces You must be honest about who you are, what you want and how you feel if you want to avoid being interrogated by someone assessing your ability. **EUGENIA LAST**

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